

William Street Family Therapy Centre

544 William Street Mount Lawley, Western Australia 6050

Tel: (08) 9227 8038 Fax: (08) 9227 8938 Email: rgc@iexpress.net.au

Website: www.relateandgrow.net.au

2009 Professional Training Workshop:

Internal Family Systems Therapy

A One- day Workshop for Professionals exploring the work of Richard Schwartz

“A non-pathologising and enjoyable way of working with clients” (Schwartz)

The focus is mainly experiential with an overview of the theoretical and key concepts of IFST

Therapists can learn how to:

- Understand the Principles of Human Systems
- Understand the nature of Polarization
- Identify and assist clients to understand and work with their unique Internal Family
- Understanding and working with the Three-Group System
- Assist clients to undertake work outside the therapy setting
- Identify the Therapists own ‘Parts’ and minimise the potential for ‘blocking’ progress

Number Of Places

Maximum of 14

DATES:

Saturday –6th June 2009 (9.30am---5.00pm)

Fees:

\$160.00 + GST (Earlybird Fee \$130.00 + GST if paid by Monday 4th May 2009)

FACILITATOR:

Rosemary Watkins (Training Staff, William Street Family Therapy Centre)

Enquiries: Secretary, William Street Family Therapy Centre, 544 William St, Mt Lawley WA 6050 Tel: 9227 8038

Registration for: ‘Internal Family Systems Therapy workshop’

Name:.....

Address:.....

Telephone(H):.....(W):.....Fax:.....

Email:.....

Professional Qualifications:.....

Make Cheques payable to: William Street Family Therapy Centre, 544 William St, MOUNT LAWLEY WA 6050