



William Street Family Therapy Centre

544 William St, Mount Lawley WA 6050 Ph: +61 8 9227 8038 Fax: +61 8 9227 8938 Email: info@wsftc.com.au

2009 Professional Training Workshop: Internal Family Systems Therapy (IFST) Saturday 7 August 2010 (9.00am – 5.00pm)

A One- day Workshop for Professionals exploring the work of Richard Schwartz

*“A non-pathologising and enjoyable way of working with clients”
(Schwartz)*

The focus of this workshop is mainly experiential, with an overview of the theoretical and key concepts of Internal Family Systems Therapy

Therapists can learn how to:

- Understand the Principles of Human Systems
- Understand the nature of Polarization
- Identify and assist clients to understand and work with their unique Internal Family
- Understanding and working with the Three-Group System
- Assist clients to undertake work outside the therapy setting
- Identify the Therapists own ‘Parts’ and minimise the potential for ‘blocking’ progress

Places: Maximum 16
Cost: Regular: \$198; or Earlybird: \$176 (if paid before 9 July 2010)
Facilitator: Rosemary Watkins (Staff Member William Street Family Therapy Centre)
Enquiries: Secretary, William Street Family Therapy Centre, 544 William St, Mt Lawley WA 6050
Tel: 9227 8038
Email: info@wsftc.com.au

Registration for: ‘Internal Family Systems Therapy Workshop’ (Sat. 7 August 2010)

Name:.....

Address:.....

Telephone(H):.....(W):.....Fax:.....

Email:.....

Professional
Qualifications:.....

Make cheques payable to: **William Street Family Therapy Centre, 544 William St, MOUNT LAWLEY WA 6050**